THE CLAIMS DEFINING THE INVENTION ARE AS FOLLOWS:

- 1. A method of altering a specific immune response to an antigen in an individual sensitized to the antigen comprising:
- i). administering to the individual an effective amount of the antigen in immunotherapeutic form, wherein said immune response is down regulated; and
- ii). subsequently administering to the10 individual an effective amount of an immunomodifying agent comprising the antigen in immunogenic form.
- A method according to claim 1, wherein the immunomodifying agent further comprises either a TH1 or
 TH2 adjuvant, wherein the adjuvant normally induces the type of TH-response which is the target of the immunotherapy.
- 3. A method according to claim 1 or claim 2, wherein the immunotherapy is targeted at the specific immune response.
- A method according to any one of claims 1 to 3, wherein the effective amount in step i) is one or more
 doses of said antigen in immunotherapeutic form.
- 5. A method according to any one of claims 1 to 4, wherein said antigen in immunotherapeutic form further comprises agents designed to modulate the specific immune responses.
- A method according to any one of claims 1 to 5, wherein the alteration to the specific immune response is attenuation of the TH-response component, which is
 associated with expression of the disease being treated.

5